

REVIEW

Volume 16, No. 1

Wednesday, January 3, 1996

Don't forget...
**Chamber
of
Commerce
meets
today
12 Noon at the
Empress**

Looking back at

Another year has slipped away, with good news and bad reported in the 52 issues of the Elk Point Review. Here are some of the highlights.

January: Starting a new year

The brand new year of 1995 saw the January 2 arrival of a baby girl to Shelley Rowan and Arnold Watchmaker at the Elk Point Municipal Hospital. Town Council agreed to enter a one year contract with Elk Point and District Ambulance, and discussed reducing the size of Council. Ray Danyluk was elected chair of the new St. Paul Regional School Division No. 1. Heinsburg received an amazing 18 inch overnight snowfall while here in Elk Point we got 2 to 3 inches. F. G. Miller Education Support Council explored the new roles which would come with the creation of school advisory councils. Elk Point Agricultural Society said the move to two operating committees was working well. Elk Point Chamber of Commerce explored the possibilities of computer linkage to the information highway. Library membership and circulation both dropped in 1994, according to reports at the annual meeting.

As the month drew to a close, Elk Point celebrated the arrival of the banking machine at Treasury Branch.

February: Fears for our hospital service

Fears that the hospital would close spurred protest meetings, with close to 300 people responding to a draft paper from the Lakeland Regional Health Authority which indicated that the facility would be downgraded. Over 1500 letters were faxed to the LRHA, the Minister of Health and Premier Klein in the wake of the meeting, and

everyone heaved a sigh of relief when 10 acute care beds and 24-hour emergency service were part of the LRHA's second draft. The Town cracked down on snowmobile operation. Elk Point Surface Rights Association held an information meeting on the proposed water management and conservation act. The A. G. Ross Arena mortgage dropped below \$200,000, thanks to over \$35,000 in donations in 2 1/2 months. Scouts and Cubs saluted their founder at the annual family banquet.

March: Our kids are winners!

Travis Pankiw topped the Youth Talent Quest held in Elk Point, with Nathan Brown of Dewberry in second place. David Naber and Peter Danyluk went on to district competition after the Elk Point 4-H Multi Club public speaking competition, while Jaylene Purdy, Jamie Schnurer and Danielle Schnurer were the Saddle Slickers winners. F. G. Miller Crusaders won both the boys' and girls' titles at the St. Paul Athletic Association championships. The girls won Zones and went on to compete at Provincials. Elk Point Bantam Lightning Elks won the Zone 2 championship and went on to win Elk Point's first ever provincial minor hockey championship. Skaters saluted the seasons at the annual ice carnival. Elk Point Agricultural Society's livestock and fairgrounds division hosted a successful Bull Chutin' Classic.

Meanwhile, Amoco Canada sold their interests in the area to Elan Energy of Calgary for \$126 million. Elk Point Chamber of Commerce decided to move their computer to the public library, and to try breakfast meetings as a way to improve attendance. Elk Point Community Choir and friends hosted four sold out performances of "The Beverly

(Continued on Page 2)



NOT YOUR AVERAGE NEW YEAR'S DANCE -- but one equally steeped in tradition, was this performance by the Men's Traditional Dancers from Frog Lake First Nation, who added a very special touch to Elk Point's First Night Festival.

First Night Festival draws huge, happy crowds

Elk Point's second annual First Night Festival was a resounding success, with excellent attendance at all four venues for the afternoon and early evening events. First Night chairperson Cindy Casper was thrilled to see so many people out for the event, a large increase over last year's inaugural event's attendance.

Activity got underway at the A. G. Ross Arena with fun for the youngsters, who were entertained by dog sled rides supplied by Emily Macdonald, who cheered on her helper and the six hard-working Huskies as they made countless circuits of the arena grounds.

The youngsters also enjoyed finding their way through a bale maze, with the bales donated by Murray Babcock.

The Seniors Recreation Centre was packed with visitors, for an afternoon of entertainment which included a karate demonstration,

Ukrainian dancers and native dancers, as well as an outstanding quilt display.

The Karate demonstration was presented by Calvin,

Debbie and Neil Leckie and Diane Proskiw, and showed some of the moves and techniques of this popular sport.

(Continued on Page 8)



KARATE "KIDS" -- Debbie Leckie, Diane Proskiw and Neil Leckie demonstrate the various Karate techniques.

Looking back

(Continued from Front Page)

Hillbillies" at their annual dinner theatre. A gun storage information meeting drew good attendance

April: Spotlight on volunteers

Town Council opted for unconditional funding for their FCSS grant, stating it would be better for cash flow and would not mean changes to the program. The first morning Chamber meeting was apparently snowed out. Volunteers at Fort George-Buckingham House were honored with an Appreciation Day. Fundraising was underway to bring children from Chernobyl to the area for a two month stay. The Chamber agreed to spearhead a community health council steering committee. The Community Advisory Policing Committee called a town hall meeting to discuss concerns. George Bendixen was named Minor Hockey Coach of the Year. FCSS was among the groups honoring their volunteers with a luncheon during Volunteer Week. An Open House celebrated the achievements of students at Elk Point Elementary School. The big news of the month was MLA Paul Langevin crossing the floor of the Legislature to become a Tory.

May: A celebration of spring

The Lions Walk-a-thon for Sight raised \$1850. Louis Verhagen gave F. G. Miller High students a first-hand account of the Liberation of Holland fifty years earlier. Northern Expressions artists hosted a very successful inaugural show. The Community Choir Spring Concert, the Ukrainian Dance Concert, the Spring Classic Stampede, the Mothers Day Brunch and the Arena Operating Committee Garage Sale combined to provide one very busy weekend. F. G. Miller's Class of '95 celebrated the end of their school years and said "The future is what we hold in our hands," while Frog Lake's graduands announced their intention of "flying on our own" at their Honor Night. The Town and FCSS held a joint meeting to discuss concerns regarding the future of the program. Deborah Grey visited Elk Point on her constituency tour.

June: Cars and cattle on show

Heinsburg's Class of '95 acknowledged "It's so hard to say goodbye to yesterday." Elk Point Auto Club's "Happy Daze" car show was held on Main Street for the first time, and was a big success. F. G. Miller brought home both senior and junior championships from the SPAA Girls Fastball. Billie Milholland and Adele Mandryk launched their history cookbook, "They Came" in conjunction with Fort Edmonton's Bicentennial. Elk Point 4-H Multi Club marked 30 years of Achievement Days, with Robyn Danyluk and Tim Havener showing the champions. Robyn's steer later won the District Reserve Championship, while Kelly Orr showed the District Reserve Champion Heifer. Interagency learned more about regionalization of children's services. Council finalized their budget and held the line on mill rates. Seniors enjoyed their special week with a potluck supper and entertainment. Ray Mitsuing of Loon Lake set a new track record at Dewberry Chuckwagon Races. Awards were presented to Elk Point and Heinsburg Elementary students as the school year came to an end.

(To be continued next week)

FGM School Council meets January 10

F. G. Miller High School's Parent Advisory Council meets January 10 at 7 p.m. in the school library. They will be finalizing the constitution and bylaws at this meeting, and are looking for input and suggestions.

Is your bicycle missing?

Over the past several months, the Elk Point RCMP have recovered several bikes which have not been claimed by their owners. One of these is a child's bike and three are boys' bikes. If you are missing a bike, please come to the Elk Point RCMP Detachment to see if it has been recovered.

GET SET FOR A BUSY 1996

10% OFF
Regular Price on All:

Daily Journals, Day Minders,
Monthly Planners & Diaries,
Desk Pad Calendars,
Time Poster 30 & 60 Day
Re-Useable Calendars,
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Neat Ideas Desk Topper

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\$9.99

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File Folders

- 100's, Letter - Reg. \$15.53

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File Folders

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File Folders

- 10's, Legal, White - Reg. \$3.79

\$2.99

File Folders

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\$3.49

File Folders

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\$1.99

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\$21.99

Envelopes #8

- 80 Blue Line or 100 Plain - Reg. \$1.89

99¢

Sale Prices in Effect January 3 to 12 or While Quantities Last

Elk Point Review

Printing & Stationery

4809 - 50 Ave., Elk Point

Phone 724-4087

A.G. Ross Operating Committee Fundraiser Skate-A-Thon Jan. 4 - 4:30 - 8 pm

Free Hotdogs & Drinks for Participants. Prizes for Most Money Earned, Youngest, Oldest and More
Everyone welcome to participate. Pledge sheets available at Arena Office.

FCSS News

Happy New Year from Elk Point FCSS!

Happy New Year! We hope everyone had a wonderful Christmas and that you are ready for all that 1996 holds.

For any new or existing residents who might be unfamiliar with FCSS, we encourage you to phone or drop by for a visit to learn about the programs and services we provide to the community.

FCSS believes in the value of the individual, the strength of the family, and the concept of people working together to achieve a healthy, supportive community. Our philosophy is "people helping people to help themselves." Volunteer assistance and community input and direction are greatly relied upon.

Here's some information on services offered in 1996:

Information and Referral

FCSS provides information and referral services to assist community individuals and agencies on anything from counselling services to services for seniors. If you have a question or need assistance, we'll try to help you find the answer. Call 724-3800.

Meals on Wheels

Meals on Wheels is a joint project between the Elk Point Health Centre and FCSS. Meals on Wheels provides hot, nourishing meals Monday through Friday to those who are unable to prepare their own (people who are ill, aged, handicapped, recovering from surgery or illness, etc.) Clients can receive meals on a part-time or full-time basis. Weekend meals can also be provided. Meals are prepared by the Elk Point Health Centre and delivered by volunteer drivers. Meals are available all year long for a nominal cost of \$4 per meal. Call volunteer coordinator Olga Ruzycski at 724-3547 for more information.

Elks Van Bookings

The Elks Van is owned and operated by the Elk Point Elks Lodge. FCSS assists by coordinating all bookings for the van. For a minimum charge, non-profit community organizations can use the van for their club's activities. For more information or to book the Elks

Van, call 724-3800.

Welcome Package

Have you just moved to Elk Point and would like to know what services are available in town? The Chamber of Commerce and FCSS would like to welcome and familiarize new families to the services and programs available in town. Welcome Packages contain a community directory, volunteer directory, information on local groups and agencies, coupons, maps and more. If you or someone you know, is new to Elk Point, call 724-3800 for more information or drop by and see us at 4902-51 Street. FCSS would like to acknowledge the donations from Elk Point businesses as well as the funding support from the Chamber of Commerce for this project.

Elk Point Child Care Services

Do you need child care arrangements for your child during the day while you are at work or school? Would you like your child in a home which has a certificate in First Aid In Child Care, is government approved and is monitored regularly? Is it important that your children receive nutritious snacks and lunches and are exposed to a variety of activities and what about payment - wouldn't it be nice to receive a tax receipt for all the money you spend on child care? Elk Point Child Care Services provides approved child care in a warm, nurturing environment. For more information call Deanna Easthope, Coordinator, at 724-3933 or 724-3800.

Family Resource Materials

A collection of family and personal development resources is located in the Elk Point Library.

Community TV Channel

This free community service assists individuals and non-profit organizations in promoting services and special events. Messages are phoned or brought in to FCSS and then once a week the messages are put on Channel 5. This service is also available for advertising involving a profit for a minimum monthly charge. Call 724-

3800 for more information.

Community and Volunteer Directories

The Community Directory lists frequently called numbers, meeting dates of local clubs, as well as a brief description of the mandates of community organizations. The Community Leaders Inventory lists local agencies and individuals with expertise in a given area. It outlines the many skilled and knowledgeable individuals in our area that we can call upon as resources. The Volunteer Directory provides a description of local organizations that utilize volunteers. This is followed by specific volunteer information and opportunities. The FCSS is in the process of completing the 1996 update. If your organization wants to be included in the update, call FCSS at 724-3800. Copies will be printed and mailed out in January to all those who participated in the update. Other copies are available upon request.

Babysitting Course

If you are 11 years old or over, enjoy children and want to earn some extra money, register for our babysitting course and gain the necessary skills to be a certified babysitter. First Aid training is included. Call 724-3800 for more information.

Lend-a-Hand Taxation Assistance Workshop

In Elk Point there are people who, for one reason or another, may not be able to fill out their tax return. You can lend a hand by attending a volunteer workshop to learn how to complete straightforward tax returns. Once the course is completed you will be able to reach out and help your neighbors. FCSS matches volunteers with clients and all information is kept strictly confidential. Reference materials and ongoing assistance will be provided and these tax returns are given priority by Revenue Canada.

Photocopying and Fax Services

For a nominal charge, individuals and organizations can fax and photocopy materials at the FCSS office.

We hope these services will be of assistance to you throughout the year. Additional programs will be advertised as they become available. Your input is valued, please contact us with your program ideas.

THANKS!

A big bouquet to the Elk Point and District Lioness Club for their time and efforts that resulted in another successful Santas Anonymous Campaign. Special thanks to the community who really came through with donations and contributions. Many families had a merrier Christmas because of the community's and the Lionesses' true spirit of giving.

NEW YEAR'S RESOLUTION

This New Year, try something new. Instead of worrying about your bad habits, decide to take good care of yourself everyday. Try these:

1. Make some time for yourself. Have a long bath, or relax with a hot drink and a friend. Go for a walk by yourself, or go to bed early.
2. Don't skip meals, get enough sleep and try to exercise at least three times a week.
3. Remember, you are not alone. Keep in touch with your friends. Ask for help if you need it.
4. Focus on the good things about yourself, and tell yourself about these good things. Don't repeat putdowns others have said to you. Be your own best friend.
5. This year, notice something great about yourself every day!

A NEW AWARD

Our country is full of people worth celebrating. They'll never be famous and their stories may not make headline news. They're your neighbors — people who care about others, citizens who give to the community more than they take. These caregivers are found all over Canada and set an example for others to follow. Their contributions, as informal or formal volunteers, make life brighter for all of us: Like

every volunteer, they care enough to work without reward and without recognition.

The Governor General wants to know about the thousands of compassionate people in Canada who devote so much of their time and effort to so many causes or to other people — and to thank them through a newly established national award.

The award needs a name and a visual symbol or logo which can be used on certificates and on the award itself. You are invited to submit proposals for either a name or a design for a symbol. You may also wish to send the names and stories of people who might qualify for recognition under this award.

Suggestions for the name and the symbol of the new award should be mailed to the Governor General and postmarked no later than January 19, 1996. Entry forms and additional information are available at the FCSS office (724-3800).

TIDBITS

A New Year's Toast: In the new year, may you hand always be stretched out in friendship and never in want.

A people that values its privileges above its principles soon loses both. - Dwight Eisenhower

Getting into hot water isn't always bad. It can keep you clean.

**NEW TO
ELK POINT**
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View Points



A MEMORABLE PERFORMANCE -- Hoop dancer Anthony Whiskeyjack amazed the First Night audience with the configurations he created with 17 hoops that are part of his routine.

Finishing on a high note

The year just past had more than its share of trauma, with hospital cutbacks, layoffs and fears of continuing decreases in the services we have all taken for granted. With a few notable exceptions — the provincial hockey championship, the dedication of the new cenotaph — it really wasn't a year many of us want to remember.

But, thanks to the hard work of some dedicated individuals, we do have some highlights to look back on: such things as the Happy Daze auto show, Canada Day, and, especially, the First Night Festival. Last year's success was multiplied several times this year, with more people, more events, more fun for all ages.

This true family event — with something to entertain every age group from preschoolers to grandparents — is gaining acclaim, and looked ever so good on New Year's Day television broadcasts. The organizers did an outstanding job, and should be very proud of the memorable way they ended a somewhat forgettable year. Three cheers for an admirable effort!

New Year's Resolutions

Make the craving pass

Most smokers crave cigarettes right after Q-Day. But even the most intense craving lasts only a few minutes. The urge passes whether or not you actually light up and smoke.

Here are some ideas on what you can do when the craving comes.

— **Exercise** decreases the number of urges you get and increases your chance of success. Try walking, riding a bike, stretching, swimming or jumping rope.

— **Keep busy** to take your mind off smoking and keep your hands occupied. Almost anything works. Doodle, work on a hobby, take a shower, write a letter or do a crossword puzzle.

— **Reward yourself** with a

special treat — a good restaurant meal, or an evening out, paid for with money you saved by not smoking.

— **Avoid alcohol and cut down on caffeine** because both are often part of the smoking ritual. Alcohol especially can weaken your determination to fight the smoking urge. Have fruit juice or water instead.

— **Alter your routines** so that certain activities are no longer associated with smoking. This can include moving your television or reading your newspaper in a different place than usual.

— **Phone your friends** when the urge to smoke gets strong. They can talk you through the craving and remind you how determined

you were on Q-Day.

— **Wait out the craving** for five or six minutes and you'll feel the urge fade away. Concern yourself only about today. Tomorrow will take care of itself.

— **Don't worry about later** because it is only the current craving you need to deal with. Take quitting one step at a time and you will stay quit.

— **Remember why you are doing this.** List your five most important reasons for quitting. Review and update them when you have a craving.

The Alberta Lung Association has 22 facilitators across Alberta. Call 1-800-661-LUNG to find out if a professionally facilitated program is in your area.

Nutrition Notes

Make healthy eating a resolution

By Shelley Miller-Hertes
Registered Dietician
Elk Point Health Centre

Small changes make a big difference when it comes to fat. If you are trying to eat healthier, reducing fat is the way to go. Fat has 9 calories per gram, more than either protein or carbohydrate. A high fat intake is also a risk factor for heart disease, some types of cancer, and diabetes complications.

Here are a few ways to cut the fat, but not the taste. Have

a bagel, kaiser or pita bread instead of a high fat croissant. Opt for plain hot air popped popcorn instead of the prepackaged microwave type. Choose pretzels instead of potato chips.

Make the protein part of your meal the garnish instead of the centrepiece. A beef and broccoli stir fry on rice is a perfect combination of lowfat, complex carbohydrates. Try meatless meals, a steaming bowl of lentil soup and some

crusty bread will warm you on a cold evening. Read product labels to help save on fat. On milk and milk products, M.F. stands for milk fat and B.F. stands for butterfat. The lower the percentage, the better. For sandwiches, skip the margarine, butter or mayonnaise, and pile on the lettuce, tomato, cucumber and sprouts.

Although all these changes are relatively small, if you can do most of them, you're well on your way to healthy eating!

The Elk Point REVIEW

4809 - 50 Avenue, Elk Point, AB

Second Class Mail Registration Number 6365

Mailing Address:

Box 159, St. Paul, Alberta T0A 3A0

Publisher: Guy Drouin

Editor: Vicki Brooker

Advertising Manager: Faye Smith

Locally owned and published by

Team Graphics Inc.

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Phone 724-4087

Display Ads - 12:00 noon Friday
Fax 724-4211

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Canadian Community Newspapers Association

Ukrainian Orthodox Christians celebrate the Feast of the Nativity

By Olli Megley
Feature Writer

In the fourth century the Roman Catholic church decreed the birth of Christ to be a separate feast, and in 354 AD set December 25 as the date on which it would be celebrated. The Orthodox church, which dominated much of Greece and the Slavic nations, chose not to adopt the date set by Bishop Liberius of Rome, keeping instead the "old" calendar. Hence the date for the Christ's nativity for most Orthodox Christians remains as January 6.

In Canada, time-honored Ukrainian Christmas traditions and customs will be observed in many homes this holiday season, in a uniquely Ukrainian

Canadian way. The ancient customs and traditions are woven into the fabric of a new life style.

Christmas Eve, called "Svyata Vechera" (Holy Supper) marks the high point in the celebration of the Nativity. It is a time for families to come together to celebrate the birth of Christ, and the joys of being with loved ones.

The first star in the eastern sky announces that the time to commence the evening meal has come. It is the responsibility of small children to watch for the appearance of the star.

The Holy Supper consists of 12 traditional Lenten dishes symbolizing the apostles. The menu is meatless, and comes from the bountiful harvest of the garden, field and orchard, rivers and lakes. No milk or

animal fats may be used in the preparation of food; this is the survival of the ancient animalistic religion, a belief that all things have a soul.

After prayers the celebrants partake of such dishes as Kutya, pickled herring, pickled mushrooms, baked and/or jellyed fish, herrings in mushroom sauce, varenyky/perohe (dumplings) filled with potato, sauerkraut, etc., holubsti (cabbage rolls), beets, bib (broad beans), and kolocheni fasoli (whipped navy beans). Traditional desserts consist of dried fruit compote, varenyky with prunes, berries, etc., pampushky (sweet dough puffs filled with poppyseed, jam, or prunes), and chrustiky (often called "wooshi" or "ears").

What's news at the library?

New books to start the New Year

By Michele Ducek
Librarian

Happy New Year! This is traditionally a time to start new routines, develop new (and I hope healthier) habits and start again. I hope you make the Elk Point Public Library a part of your routine for 1996 (or continue the practice if the library is already a habit).

In addition to spending time with my family, eating good food and doing a little shopping over the holidays, I did have the opportunity to read a few new books. Mystery and adventure fans might enjoy the following:

William Monk embarks on a desperate investigation to save his friend, nurse Hester

Latterly, from the gallows in **The Sins of the Wolf** by Anne Perry. Monk travels to Scotland where he ingratiates himself with the family of the woman Hester is accused of murdering.

Mystery fans might want to introduce themselves to two new detectives, senior citizens Angela Benbow and Caledonia Wingate. In **Murder Has No Calories** by Corrine Holt Sawyer, Angela and Caledonia go undercover at an exclusive California fat farm where a staff member is found brutally murdered. Things get more complicated when another staff member is found dead and someone appears to have it in for Caledonia.

Dirk Pitt is back in **Shock Wave**, the latest from Clive Cussler. Pitt meets the most intriguing and sinister villain of his career in an adventure that takes him from Antarctica to the west coast of Canada to a small boat in the middle of the Tasman Sea in search of a plague that is killing sea life and humans. Keep an eye peeled for Cussler's traditional appearance as a minor character.

Franklin the Turtle is one of the most popular characters in children's books and he's a Canadian! Here are a few new Franklin books by Paulette Bourgeois and Brenda Clark:

Franklin undergoes some trepidation and anticipation as

his very first day of school approaches in **Franklin Goes to School**.

Franklin wishes he had teeth when his friends start to lose theirs and he learns about the tooth fairy in **Franklin and the Tooth Fairy**.

Franklin loses his old blue blanket and has a hard time getting to sleep in **Franklin's Blanket**.

LIBRARY CALENDAR:
Friday Mornings, 10:30 a.m. - Storytime, Stories, crafts and more.

Tuesday, January 23, 1996 at 7:30 p.m. - Elk Point Public Library Annual General Meeting

Tuesday, January 30, 1996 - The Friends of the Library have

an evening bingo.

DID YOU KNOW:

Australia ceased to be a colony of the British Empire and became instead the Commonwealth of Australia on January 1, 1901.

CHURCH SERVICES

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan - 724-4194
Family Worship Service
Sundays - 10:00 a.m.
Sunday School for
All Ages - 11:15 a.m.
Call Church answering service for current programs and times.

United Church of Canada
Elk Point
Rev. Norm Hartley - 724-3615
CHURCH OFFICE HOURS
Normally - Mornings Tuesday to Saturday
WORSHIP SERVICES
Sunday - 10:00 a.m. Church
Service; 10:00 a.m. Sunday School

Elk Point Christian Community Church
Railway Avenue and 53 St.
Sunday Worship Service - 10:00 a.m.; Sunday School - 10:00 a.m.; Adult Bible Study - Sun. 11:30 a.m. (Child care provided); Youth Group (Fri. Club - Gr. 4, 5 & 6) 2nd & 4th Fri. 7 p.m.; Office hours - Thurs. & Fri. 9 a.m. - 12 noon Rev. Sam Donaldson 724-2493.

Bible Fellowship Church
Clanadale
Services held every
Sunday at 11:00 a.m.

St. Michael's Catholic Church
Sunday Mass 12 p.m.
Bethel Lutheran Church
of Lea Park
Sunday Worship Services, 10:30 a.m.

St. Vladimirs' Ukrainian Orthodox Church Elk Point
For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

COMMUNITY NEWSLINE

Elk Point Parent Nursery - Wed. and Thurs. 10 a.m. to Noon, Elk Point Baptist Church Basement. Children under 6 and parents welcome. For more info, call Donna Arnold at 724-3373.

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Ave. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. and Thurs. 1 p.m. to 5:30 p.m.; Wed. 2 p.m. to 9 p.m.; Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m.. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

Heinsburg resident awarded scholarship

Kirsten Sanders of Heinsburg, a second year Bachelor of Arts student at Augustana University College in Camrose, was among the 330 students who received scholarships and grants at the annual Awards Night.

Miss Sanders received a \$300 Fine Arts Award in Music - Piano.

Approximately 500 guests attended the event, including the scholarship recipients, scholarship donors, the mayor of Camrose, and members of the Augustana administration and faculty. Over \$450,000 in scholarships were presented. Awards are made on the basis of Academic, Fine Arts,

Leadership and Academic qualifications, as well as financial need.



KIRSTEN SANDERS

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CLASSIFIED INDEX

- | | |
|-------------------------------|-----------------------|
| 1..... Auctions | 14..... Lost |
| 2..... Autos | 15..... Machinery |
| 3..... Babysitting | 16..... Miscellaneous |
| 4..... Business Opportunity | 17..... Notices |
| 5..... Commercial Real Estate | 18..... Personal |
| 6..... Employment Opportunity | 19..... Pets |
| 7..... Entertainment / Events | 20..... Real Estate |
| 8..... Feeds & Seeds | 21..... Recreational |
| 9..... For Rent | 22..... Services |
| 10..... For Sale | 23..... Tenders |
| 11..... Found | 24..... Travel |
| 12..... Garage Sales | 25..... Wanted |
| 13..... Livestock | 100..... Display Ads |

1 AUCTION

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2 AUTO

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PRODUCE MANAGER - Must be self-motivated aggressive have minimum 3 years produce experience and one year produce management. Send resume to: R. Keller, Box 280, Banff, AB, T0L 0C0. 1-1

GM DEALERSHIP in rural oil and farming town requires qualified General Motors technician. Top salary. Send written resume to: McIntyre Auto, Box 280, Macklin, SK, S0L 2C0. 1-1

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7 ENTERTAINMENT & EVENTS

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48TH CALGARY SEED and Hay Show, Mar. 3 - 6, 1996, Stampede Park, Calgary, AB. Offering over \$8,000. in prize money and awards. Entry deadlines: Hay - Jan. 19; Seed - Feb. 14. Contact: Calgary Exhibition & Stampede, phone 403-261-0114, fax 403-262-3067 or toll free 1-800-661-1260. 1-1

8 FEED & SEED

HAY - Mixed Timothy Alfalfa / Brome Alfalfa, also Alfalfa. 4-wheel drive John Deere 7020. Phone 645-2274. xxx

8 FEED & SEED

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13 LIVESTOCK

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16 MISCELLANEOUS

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18 PERSONAL

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BIRTH PARENTS SEARCHING for boy, born Dec. 19, 1961, Royal Alex Hospital, Edmonton. Contact: Joan W. Parent Finders, Box 12031, Edmonton T5J 3L2. 403-466-3335. 1-1

DON'T BE SHY, call the National Dateline to hear messages from others looking to meet someone like you. Leave your own message too! 1-900-451-3286 ext. 416. \$2.99 per minute. 18+ only. Touch tones only. Infoser-vice/Studio City, CA, 213-993-3366. 1-1

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19 PETS

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GET ONE NOW! - Purebred American Cocker Spaniel Puppies (unbeatable Christmas Pricel). Phone 645-1942. J2

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\$39,990., 1996, 16 X 80 three bedroom, 2 bathrooms, fridge, stove, delivered, leveled and blocked. Down payment as low as \$999. O.A.C. Call collect: Ridgewood Homes, Red Deer, 403-350-3131. Calgary 403-571-1515. 1-1

22 SERVICES

ALBERTA SELECTIVE Logging Company, purchasing private timber. For a free estimate on our professional and environmentally friendly process, call collect 403-944-0957. 1-1

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver removes risk of arrest and deportation. Uncontested divorce? Self help that's simple, fast, inexpensive. CPLC 403-229-1200. 1-1

24 TRAVEL

SKI BIG MOUNTAIN, Whitefish, Montana. \$20. per person per night, U.S., packages available. 4 km to ski area. 52 forested acres. 1-800-552-3952, Ptarmigan Village. 1-1

GOLF ARIZONA. Feb. 4 - Feb. 17, \$1250. U.S. Feb. 4 - Mar. 3, \$1900. U.S. Accommodation and golf for 2 with cart. For more information call Desert Mountain Tours Ltd., 306-221-2913 or 403-627-4605. 1-1

COMFORT INN, Calgary. Indoor pool, sauna, jacuzzi. Free continental breakfast. Rooms from \$39.99 plus tax with this ad. Expires March 31, 1996. Call 1-403-289-2581, fax 1-403-284-3897. 1-1

25 WANTED

FEMALE LOOKING FOR WORK - In cow/calf operation or feedlot. 2 years college (livestock), valid driver's license, own vehicle. Phone 726-2442. J9

SMALL LOGGING COMPANY looking for private land. Timber, spruce, lodgepole pine log to suit. Small equipment used. Hand felled/hand limbed. References 403-435-0287. 2-2

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- ✓ Kneel or sit on the toboggan. Don't slide headfirst or standing.



TOP DOGS - at the recent Obedience Class graduation were: (left to right) Katey, handled by Hughie Krucik, Cinnamon, handled by Danielle Schnurer, Nayla, handled by Mark Tichkowsky, and Prince, handled by Peggy Lyons. Instructor Frank Midgley, centre, congratulates the winners.

Seventeen graduate from obedience classes

The nine-session Basic Dog Obedience classes ended November 16 with a graduation ceremony presided over by instructor Frank Midgley. Awards were presented to the highest achievers.

"Top Dog" trophy went to a Doberman Pinscher, Katey, owned and handled by Hughie Krucik, with the trophy donated by Quality Time Tours, who also donated the space where the classes were held.

Second place went to Prince, a Chow - Collie

cross owned and handled by Peggy Lyons. Third was Cinnamon, a Collie handled by Danielle Schnurer, while fourth went to Nayla, a Siberian - Malamute cross handled by Mark Tichkowsky.

Another series of obedience lessons is already in the planning stages for 1996, with a September 19 start. Interested dog owners can contact Verona Lea Flanders at 724-4101 or 724-2269 for further information.

Thunder leads N. E. Alberta Midgets

Elk Point Thunder went into their Christmas break leading the North East Alberta Midget Hockey League with a total of 7 wins, 2 losses and 1 tie for 15 points. The Viking midgets, part of the league's south division, is sitting second overall with 14 points, while Kitscoty Pitbulls, from the north division, are third with 13.

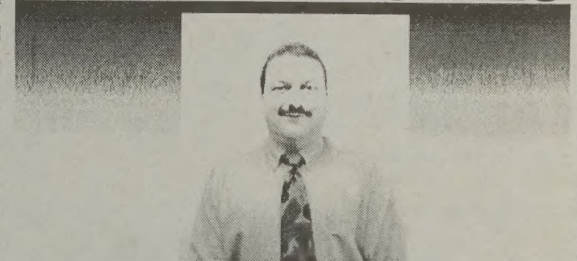
Thunder has racked up 65 goals, with 37 scored against them, and has a total of 308 penalty minutes. The penalty total is also highest in the league, with Saddle Lake a close second at 300 minutes.

Thunder's top five scorers to this point in the season are Marty Bendixen, with 17 goals and 15 assists for 32 points,

Loren Kozicky, 19 goals and 11 assists for 30 points, Ferlin Quinney, 9 goals and 19 assists for 28 points, Jordan Bassett, 11 goals and 11 assists for 22 points, and Derek Cusack, 9 goals and 13 assists for 22 points.

The five players to spend the most time in the penalty box were Jeff Hughes, 74 minutes, Tyson Hawryluk, 57 minutes, Rene deMoissac and Kristin Holthe, 48 minutes each, and Loren Kozicky, 38 minutes.

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A MESSAGE FROM SAFE KIDS ALBERTA + TALISMAN ENERGY

First Night Festival draws huge, happy crowds

(Continued from Front Page)

Four groups from the Elk Point Ukrainian Dance Club were next on the agenda, with dances from the various regions of the Ukraine performed by the energetic young people, from the tiniest beginners to the advanced group of girls, who did a Hutzul dance in their elaborate embroidered vests and costumes of that mountain region.

A brief break in the entertainment allowed visitors time to see the excellent display of quilts which was coordinated by Violet McFadyen. Five of the seventeen quilts dated back to the 1800s, with the oldest created in 1860 by Mrs. McFadyen's great aunt Martha, who was age 16 at the time, a log cabin design consisting of rows of tiny strips of fabric. Included in the newer quilts were two created by Mrs. McFadyen and her mother in the mid-1930s, and nine of more modern vintage, which displayed some of the many popular quilt designs, and all made by Mrs. McFadyen. The one exception was a very special quilt created for the Fort George-Buckingham House Bicentennial by Barbara Milholland and her son-in-law, Marshal Pelech, which portrayed two hundred years of history.

Then it was back to the entertainment, with the arrival of eight talented dancers from Frog Lake First Nations, who began with a powwow-style grand entry to the accompaniment of a drum group made up entirely of high school students. A Jingle Dance, with the ladies in elaborate costumes covered with silver jingles, was performed by Abbie Waskahat, Sue Ellen Wade and Nakita Quinney. A beautiful rendition of a Ladies' Fancy Dance was displayed by Frog Lake Senior

Princess Laurelle Singer, who later performed the Crow Hop, following a slower dance by the jingle dancers.

Three Men's Traditional Dancers representing various age groups, Ivan Waskahat, Rocky Wade and Zane Wade, did one of the traditional dances which is part of every powwow, as well as the story-telling Sneak-Up, which represents the braves sneaking up on their hunting prey.

One of the most amazing native dances is the Hoop Dance, which was performed by Anthony Whiskeyjack, one of only four Canadians who regularly compete with this dance on the powwow circuit. He skillfully maneuvered seventeen hoops into a variety of configurations in the course of this extraordinary dance.

The Frog Lake dancers' performance ended with a Tribal Dance, after which they invited all present to join in a round dance, signifying friendship among those who took part. The circle grew to fill all the space available.

The chairs were then cleared away for a totally different type of activity, floor curling, with the seniors welcoming any and all who wished to try this popular sport.

Across town at the Elk Point Curling Club, those who like their curling on ice were enjoying an afternoon of family challenges and trying out the sport, with members of the curling club on hand to show the fundamentals and to join in the fun.

Many people took advantage of the invitation to visit the shut-ins in Elk Point Health Centre and Parkview Extended Care, with the Elk Point Hospital Auxiliary as hosts for an afternoon which included refreshments and a series of marvelous puppet shows, presented by Tom and Judith Valleau, which were enjoyed by young and old alike.

Back at the arena, visitors were intrigued by a fine display of antiques, which included household goods and toys of earlier times, and which was supervised by Gene Russell. The arena was open for free public skating, and was packed with everyone from tots trying out their first pair of skates, to those of more mature years who were seeing if they remembered how.

A special visitor at the arena was the RCMP Safety Bear, who was mobbed by children at every step. Everyone also took the opportunity to enter a free draw for a quilt, sponsored by the Red Cross, which was later won by Ed Babenek.

The busy afternoon drew to a close just before 7 p.m., when everyone hurried outside to wait for the fireworks. A lengthy and breathtakingly colorful display lighted up the night, bringing choruses of "oohs" and "aahs" from the crowd, and sent the old year of 1995 out with a bang.



RCMP SAFETY BEAR -- Was a big hit with the youngsters when he visited the A. G. Ross Arena Sunday evening during the family-oriented First Night Festival.



OLD TIME TRANSPORTATION -- is every bit as much fun as today's faster but noisier counterparts. The children who enjoyed an afternoon of dogsled rides had a New Year's eve experience top remember. Out of town guests, many visiting friends and family for the holiday season, came from as far away as Calgary and Red Deer.



UKRAINIAN HERITAGE PORTRAYED -- The lively dances of the Ukraine were a teasing taste of what will be seen at the annual concert coming up in April. Well done, dancers!



EXQUISITE ARTWORK IN FABRIC -- Five antique quilts dating back to before the turn of the century were among the roomful of heirloom fabric art displayed at the Seniors Recreation Centre. The log cabin quilt at far right is 135 years old, but still in excellent condition.